



Lauren D. Ghent

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I look for creative solutions to help families support and co-parent even when living separately.

Lauren works exclusively in Family Law group. She believes that the best process for family disputes is through alternative dispute resolution. That includes mediation and arbitration, where everyone has more control over the process, and the best interests of the family come first. Every family has unique circumstances that need to be addressed, and Lauren strives to work with her clients to find solutions that are cost-effective and amicable.

Education

2012 University of Calgary, JD

2006 Queen's University, BA (Honours)

2002 Queen's University, Bader International Study Centre, Herstmonceux Castle

Admission

2013 Alberta



Experience

Lauren has experience appearing at both Alberta Court of Justice (formerly the Provincial Court of Alberta) and Court of King's Bench on all types of family matters when litigation becomes necessary.



Memberships

- **Law Society of Alberta**
- **Canadian Bar Association**

- **Canadian Bar Association**
 - Representative, Wills & Trusts Section, Children’s Law Committee (2015-2018)
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Recent News, Events & Notable Work

OCTOBER 30, 2024 ARTICLE	→
I had no idea my ex was racking up debt. What happens now?	
MAY 1, 2019 ARTICLE	→
The division of property for non-married couples is changing	
MARCH 13, 2019 ARTICLE	→
It’s tax season: reporting obligations for child support payments	